Plastic produce bags

1 serving zucchini or yellow squash

10 small red potatoes

5 carrots

1 cabbage

1 broccoli

7 servings of fruit (navel oranges $1.59/lb.)

5 bananas

2 8-oz. cans tomato sauce with no added salt

1 can straw mushrooms

Dried Italian bread crumbs

Ginger Ale (if on sale)

8 oz. shredded sharp cheddar cheese

3 lbs. corned beef point cut

1 pint heavy cream

Mountain High Yogurt

3 gallons nonfat milk

Oat Bran Hot Cereal

Ice cream

l'Oreal Preference, Number 3, Soft Black (if on sale)

Neosporin

Ivory Dishwashing Soap

Toilet paper

Dove soap